

STAY CONNECTED

Name: TheGardenGuest Password: thegardenhello

@thegardencowes

THE GARDEN

(GF) Gluten Free option available

(V) Vegetarian (VE) Vegan

www.thegardencowes.com

BRUNCH MENU

9am - 3:30pm

LIGHT BITES

Croissants	4
<small>Plain or Almond, served with butter and preserves</small>	
Toast & Preserves (GF)	4
Seasoned Fries (GF)	5
Hash Brown Basket (GF)	5
Woodford Sausage Roll	5
<small>Served with sweet mustard ketchup</small>	
Teacake or Scone	7
<small>With Preserve, Clotted Cream & served with a hot drink</small>	

GARDEN BENEDICTS

Honey Glazed Bacon (GF)	13
<small>2 Poached Eggs, Honey Glazed Bacon, Toasted Muffin, Garden Hollandaise</small>	
Garden Royale (GF)	13
<small>2 Poached Eggs, Smoked Salmon, Toasted Muffin, Garden Hollandaise, Dill, Lemon</small>	
Chorizo Benedict (GF)	13
<small>2 Poached Eggs, Toasted Muffin, Buttered Baby Spinach, Garden Hollandaise, Crispy Chorizo, Hot Honey</small>	
Burger Benny (GF)	13
<small>2 Poached Eggs, 6oz Burger Patty, Toasted Muffin, Garden Hollandaise, American Cheese, Sesame</small>	
Swiss Benedict (GF)	11
<small>2 Poached Eggs, Toasted Muffin, Portobello Mushroom, Garden Hollandaise, Swiss Cheese</small>	
Florentine (GF) (V)	11
<small>2 Poached Eggs, Toasted Muffin, Buttered Baby Spinach, Garden Hollandaise, Smoked Sea Salt</small>	

Add an Egg, Buttered Spinach, Smoked Salmon or Bacon to your dish for £2 Each

BRUNCH

Breakfast Muffin (GF)	10
<small>Smoked Streaky Bacon, Sausage, Fried egg, Toasted English Muffin. Add cheese for £1</small>	
Garden Brunch (GF)	14
<small>Butchers Sausage, Smoked Streaky Bacon, Hash Browns, Tomato, Mushroom, Sourdough Toast, Heinz Beans, Poached or Fried Egg</small>	
Vegan Brunch (GF) (VE)	14
<small>Vegan Sausage, Vegan Bacon, Hash Browns, Tomato, Mushrooms, Sourdough Toast, Heinz Beans, Avocado</small>	
Avo Sourdough (GF) (V)	12
<small>Fresh Avocado, Poached or Fried Egg, Pickled Chilli, IOW Tomatoes</small>	
Smoked Salmon Sourdough (GF)	13
<small>Poached or Fried Egg, Mascarpone, Dill</small>	
Choice of Eggs (GF) (V)	9
<small>Toasted Sourdough, Poached or Fried Eggs</small>	
Add an Egg, Buttered Spinach, Smoked Salmon or Bacon to your dish for £2 Each	
PANCAKES OR FRENCH TOAST	
Berry Banana	14
<small>Seasonal Berry Compote, Caramelised Banana, Mascarpone & Canadian Maple Syrup</small>	
Maple Bacon	14
<small>Smoked Streaky Bacon, Mascarpone & Canadian Maple Syrup</small>	

ALL DAY MENU

12pm - late

STARTERS & SMALL PLATES

Hot Honey Chorizo Bites	6
<small>With Sesame Seeds</small>	
Mac & Cheese Croquettes (V)	8
<small>With Spicy Mayonnaise</small>	
Baked Feta (V)	10
<small>With Toasted Sourdough, Hot Honey, Pomegranate</small>	
Cajun Squid	10
<small>With Lemon Mayo Dip</small>	
Crispy Spicy Chicken Wings	7
<small>Coated Wings, Ranch Sauce & Spicy Mayo</small>	
Sizzling Garlic Tiger Prawns	13
<small>Garlic Butter Tiger Prawns with Toasted Sourdough</small>	
Fish Tacos	14
<small>With Crunchy Slaw, Mango Salsa, Spicy Mayo, Spring Onion</small>	
Seasoned Fries (GF) (VE)	5

SALADS

Caesar Salad	15
<small>Cos Lettuce, Caesar Dressing, Grilled Chicken, Bacon, Croutons, Parmesan</small>	
Crayfish Salad (GF)	17
<small>Mixed Leaf, Quinoa, Mango, Tomato, Broad Beans, Chickpeas, Peppers, Cucumber</small>	
Baked Halloumi Salad (GF) (V)	15
<small>Mixed Leaf, Pomegranate, Tomato, Fig Balsamic Glaze</small>	
Classic Feta Side Salad (GF) (V)	8
<small>Feta, Mixed Olives, Fresh Mint, Olive Oil, Mixed Herbs, Pomegranate, Cucumber</small>	

CLUB SANDWICHES SERVED WITH VEGETABLE CRISPS & DRESSED SALAD

The Garden Club (GF)	14
<small>Focaccia, Grilled Chicken, Bacon, Parmesan, Cos, Tomato, Caesar Dressing</small>	
New Yorker (GF)	14
<small>Focaccia, Pastrami, Emmental, Cos, Gherkin, Mustard, Mayo</small>	
Prosciutto (GF)	14
<small>Focaccia, Prosciutto, Mozzarella, Rocket, Fig Chutney</small>	
Halloumi (GF) (V)	14
<small>Focaccia, Halloumi, Cos, Avocado, Tomato, Sweet Chilli</small>	

MAINS

The Garden Burger (GF)	16
<small>Sesame Glazed Brioché Bun, Chorizo Ketchup, Pickles, Bacon, American Cheese, Rocket, Pickled Red Onion, Seasoned Fries</small>	
Vegan Burger (VE)	16
<small>Spicy Ketchup, Vegan Cheese, Pickled Onion, Gherkin, Rocket, Seasoned Fries</small>	
The Garden Fish & Chips (GF)	16
<small>Chunky Chips, Petit Pois, Homemade Tartar</small>	
Smoked Haddock & Salmon Fishcake (GF)	16
<small>Crushed Peas, Poached Egg, Hollandaise Sauce</small>	
Beetroot & Goats Cheese Tortelloni	14
<small>Garlic & Parsley Butter, Parmesan</small>	
Jerk Buttermilk Chicken Burger	17
<small>Crunchy Slaw, Mango Salsa, Pickled Cucumber, Chic Sauce, Spicy Cheese, Seasoned Fries</small>	
Shredded Duck Bao Buns	15
<small>Shredded Duck, Hoisin, Pickled Cucumber, Spring Onion, Pickled Chilli</small>	

FROM THE GRILL

10oz Ribeye	29
<small>Chunky Chips, Peppercorn Sauce, Creamed Spinach, Chilli Flakes</small>	
Coté de Bouef	65
<small>Chunky Chips, Peppercorn Sauce, Creamed Spinach, Chilli Flakes</small>	
On the Side	
Garlic Butter Tiger Prawns	5
Garlic Portobello Mushrooms	5
Side Salad (VE)	5

DESSERTS

Tiramisu	8
<small>Add a shot of Coffee Liqueur or Shankys Whip for £3</small>	
The Garden Mess (GF)	9
<small>Chantilly Cream, Berry Compote, Fresh Berries, Meringue, Fresh Mint</small>	
Burnt Basque Cheesecake	9
<small>With Lemon Ice Cream, Fresh Berries, Mint</small>	
Lemon Sorbet (VE)	6
<small>Served in a Whole Lemon</small>	
Chocolate Plant Pot (GF)	10
<small>Edible Plant Pot, Chocolate Crèmeux, Hazelnut Biscuit Crumb, Berries, Edible Flower, Mint</small>	

PIZZA MENU

12pm - late

PIZZA VEGAN & GF OPTIONS AVAILABLE

Margherita (GF)	13
<small>Tomato Base, Fior De Latte Mozzarella, Fresh Basil, Oregano, Olive Oil & Parmesan</small>	
The Garden Prosciutto (GF)	15
<small>Tomato Base, Fior De Latte Mozzarella, Prosciutto, Rocket, Fig Chutney, Balsamic Glaze</small>	
Funghi (GF) (V)	14
<small>Tomato Base, Fior De Latte Mozzarella, Portobello Mushroom, Roasted IOW Garlic, Rosemary & Thyme Oil</small>	
Pepperoni (GF)	14
<small>Tomato Base, Fior De Latte Mozzarella, Pepperoni, Basil, Parmesan</small>	
The American Hot (GF)	15
<small>Tomato Base, Fior De Latte Mozzarella, Pepperoni, Jalapeños, Hot Honey, Parmesan</small>	

SHARERS

Garlic Butter Bread	10
<small>Garlic Butter, Roasted Garlic, Parsley, Parmesan. Add Mozzarella for £1</small>	
Houmous & Pitta	9
<small>Olive Oil, Smoked Paprika</small>	
Baked Camembert	14
<small>Fig Chutney, Garlic Bread, Bacon Crumb</small>	
Hot Honey Butter & Pitta	9
<small>Olive Oil, Sea Salt</small>	

Please let us know of any allergies or dietary requirements

FROM THE BAR

OLIVES 4	AFFOGATO (GF) 8 <small>Vanilla ice cream & Espresso</small>
SMOKED NUTS 4	Add a 25ml shot of Shankys Whip for £3

THE GARDEN



@thegardencowes

THE APEROL SPRITZ
GARDEN

70 High Street
Cowes, PO31 7RE

SMOOTHIES & JUICES

Fresh Orange Juice	3.5
Pineapple Juice	3.5
Cloudy Apple Juice	3.5
Cranberry Juice	3.5
Mixed Berry Smoothie <small>Cherry, Strawberry, Banana, Mango, Blackcurrant, Raspberry</small>	6
Detox-Zing Smoothie <small>Blueberry, Ginger, Carrot, Courgette, Banana</small>	6
Super Green Smoothie <small>Spinach, Pineapple, Mango, Apple, Lemongrass</small>	6

MILKSHAKES

Strawberry, Chocolate, Vanilla, Banana, Biscoff	6
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Add 25ml of any spirit to your milkshake

SOFT DRINKS

Coca Cola	3.5
Diet Coke	3.5
Organic Karma Cans <small>Orangeade, Raspberry Lemonade, Ginger Ale, Sugar Free Cola</small>	3
Fever-Tree Mixers <small>Indian Tonic, Light Tonic, Ginger Beer, Mediterranean Tonic, Lemonade</small>	3
Purezza Premium Water <small>Still or Sparkling</small>	3

HOT DRINKS

Babyccino	1
Espresso	Single 2.5 / Double 3
Americano	3.5
Cappuccino	4
Macchiato	4
Cortado	4
Flat White	4
Mocha	4
Latte	4
Hot Chocolate	4
Frappe <small>Add Marshmallows & Cream for +50p</small>	4.5
Teapigs Tea <small>English Breakfast, Decaf, Earl Grey, Peppermint, Green, Super Berry</small>	3.5

WHITE WINES

	175ml	75cl
La Riva Pinot Grigio	7	28
Kotuku Sauvignon Blanc	8	32
Duc de Morny Picpoul	9	35
Gavi di Gavi		45

ROSE

	175ml	75cl
La Riva Pinot Rose	7	28
Mini M	8	32
Après	12	45

RED WINES

	175ml	75cl
Les Terrasses Merlot	7	28
Appassimento	8	32
Los Olivos Malbec	9	35
Côtes du Rhône		45

BREAKFAST COCKTAILS 11

Italian Bloody Mary
Tabasco Vodka, Tomato Juice, House Spice Mix, Olives, Rosemary, Parmesan, Celery Sticks

Mimosa
Orange, Prosecco

Passion Bellini
Passionfruit, Prosecco

COCKTAILS 11

The Garden
Engine Gin, Kwai Feh, Elderflower, Cucumber, Apple, Mint

Aperol Spritz
Aperol, Prosecco, Soda

Negroni
Engine Gin, Vermouth, Campari, Orange

Italian Margarita
Disaronno, Cointreau, Tequila, Fresh Lime, Sugar

Espresso Martini
Vodka, Kahlua, Coffee (add Caramel +50p)

Pornstar Martini
Vodka, Lime Juice, Vanilla, Passionfruit Puree

Whiskey Sour
Bourbon, Lemon Juice, Sugar, Bitters

Drunken Monkey
Spiced Rum, Velvet Falernum, Pineapple, Orange

Pear Elderflower Fizz
St Germain, Prosecco, Gin, Pear Liqueur, Lemon

Dark & Stormy
Ginger Beer, Dark Rum, Lime Juice, Bitters

MOCKTAILS 8

The Secret Garden
Elderflower, Apple, Cucumber, Mint

Italian Virgin Mary
House Spice Mix, Tomato Juice, Parmesan, Rosemary, Olives

Virgin Martini
Orange, Passionfruit, Lime, Pineapple

Virgin Gin Sour
0% Gin, Lemon, Sugar, Aquafaba

Cucumber Gimlit
Cucumber, Mint, Soda, Lemon

SPIRITS

	25ml	50ml
Gin		
Engine Gin	4	8
Malfy Gin (Limone, Aranciata, Rosa)	4.5	9
Pentire Gin 0%	2.5	5

Vodka		
Cafe Del Mar Vodka	4	8
Absolut Citron	4.5	9
Absolut Tabasco	4.5	9

Rum		
Havana Club 3 Year	4	8
Malibu	4	8
Captain Morgan Spiced	4	8
Velvet Falernum	4	8

Whiskey		
Buffalo Trace	4	8
Jameson Irish	4.5	9
Bulliet Bourbon	4.5	9
Rebel Rye	4.5	9

Scotch		
Monkey Shoulder	5.5	11

Brandy		
Remy Martin	4.5	9

Tequila		
Cazcabel	4	8
Mezcal	4	8

Digestif		
Disaronno	4	8
Frangelico	4	8
Bottega Cappucino	4	8
Sambuca White	3.5	
Sambuca Black	3.5	
Shankys Whip	5	
Pernod	3.5	

SPARKLING

	125ml	75cl
Castel Nuovo Prosecco	7	30
Domaine Astruc Rose		40
Domaine Astruc Brut		40
Nyetimber Classic Cuvee		70
Pol Roger		90

BEER & CIDER

Hawkstone Lager Draught	6.5
Hawkstone Cider Draught	6
Hawkstone IPA 330ml	5
Guinness	6.5
Guinness 0%	6
Corona 330ml	4.5
Peroni 0% 330ml	4
Peroni GF 330ml	4.5
Old Mout Berries & Cherries	5



46-47 High Street
Cowes
Po31 7RR

THE little
GARDEN



Collection
&
Delivery